Labor/Management Healthcare Coalition of the Upper Midwest

December 9, 2013

Dear Labor/Management Healthcare Coalition Funds:

The Coalition is pleased to announce that U.S. Preventive Medicine (www.uspm.com) has been selected as the preferred vendor for a comprehensive wellness, prevention, and disease management program for the Labor/Management Health Care Coalition of the Upper Midwest (LMHCC). This decision was based on the clinical evidence of health improvement by members of The Prevention PlanTM, and the high level of their engagement.

"We applaud LMHCC's leadership in their health and wellbeing mission for workers and we are extremely pleased LMHCC has chosen USPM as their prevention solution," said USPM CEO, Rob Tazioli.

USPM is a leading, cloud-based global preventive health movement focused on truly improving lives and lowering costs by keeping people healthy and better managing chronic conditions before they progress.

The Prevention Plan[™], the company's flagship product, is available to Taft-Hartley Funds and Members. The Prevention Plan (www.thepreventionplan.com) moves beyond traditional wellness to identify each member's top health risks and recommend actions to avert those risks; detect diseases in the earliest stages; and slow or reverse the progression of disease through three levels of preventive medicine:

- Primary prevention: Wellness, health promotion and education to maintain health.
- Secondary prevention: Screening for early detection/diagnosis of health conditions.
- Tertiary prevention: Early intervention with evidence-based care management to reduce complications and disability from health conditions.

If you have any questions please feel free to contact the Coalition office directly or Colleen McFarlane at 904-281-0006 or cmcfarlane@uspm.com.

Sincerely,

Doug Rubbelke, Executive Director

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